

We cannot emphasize more that you must practice! Seriously, practice. To give you a rough estimate, we suggest spending at least half as much time on the interview process as you did on essays. Sound like a lot? You've only got one shot at an interview, so make it count!

1. **Do a quick initial question review:** Look to identify (a) which stories you'll use and (b) when you don't have an immediate answer. We have a general [MBA interview question list](#) here, so take a look. Also, look over specific school interview dates and policies for additional details.
2. **Review the STAR framework:** Did you use the STAR Framework in college? If not, time to get familiar as a way to tell your stories! It will help you to be concise and determine what details add value to your stories. Check out [our presentation](#) to get a better idea of how to use this framework.
3. **Revisit your thesis document:** Don't immediately forget about your application after you've submitted it! Look back to your thesis document and focus on the purpose that you laid out for applying to business school. Your thesis will be a running theme throughout your interview (and beyond), so keep it in mind as you answer various questions.
4. **Reflect on your stories:** Review your brainstorming overview document to jog your memory on some of the biggest accomplishments / setbacks in your career. These stories will be incredibly helpful as you use the STAR framework to answer behavioral questions.
5. **Review your resume and consider job transitions:** Know what's there and be prepared to talk about EVERY bullet. Be ready to discuss why you made each job transition on your resume.
6. **Get on camera early:** Video interview practice can be tough, but it is REALLY valuable as you can literally picture how others will respond to you. As we had mentioned before, [InterviewStream](#) is an invaluable tool and provides a great space to practice, as awkward as it may be at first. [Let us know](#) if you have forgotten your password!
7. **Encourage honest feedback:** Throughout the application process, you may have found yourself swamped with perhaps too much input. As you seek guidance on your practice interviews, choose quality over quantity – whether it be from your friends, family, colleagues, mentors, get the most honest feedback you can from those that you know will be honest with you and challenge you to improve. It's much better to know that you botched a practice interview now rather than later!
8. **Know the school well!** Go back to websites, school reports, notes from school visits, and most importantly, conversations with current students and alumni to prepare.

Did we mention practice?